



WHAT IS BULLYING?

Bullying/Harassment is an unwanted and repeated written, verbal or physical behavior that is severe or pervasive enough to:

- create an intimidating, hostile, or offensive educational environment
- cause discomfort or humiliation
- unreasonably interfere with the individual's school performance or participation

Bully/Harassment behavior is sometimes based on religion, sexual orientation, race or disability and can include any of the following:

- Teasing (unwanted/taunting)
- Social Exclusion
- Threat
- Intimidation
- Stalking
- Physical violence
- Theft
- Sexual, religious, or racial harassment
- Public humiliation
- Destruction of property



BULLYING

Speakout
 800.423.TIPS
www.speakouthotline.org



CONTACT US

400 East Lake Mary Blvd.
 Sanford, FL 32773
 407-320-0552 | www.scps.us



Seminole County
 Public Schools

STOP BULLYING



407-320-0552
www.scps.us

BE A CHANGE MAKER

STUDENT TIPS

TAKE A STAND

Make it clear you do not support bully type behavior. If you feel safe, tell the person to stop.

WALK AWAY

Be a leader and walk away if you feel unsafe saying something. Encourage others to do the same and find an adult to help, or call the **SPEAKOUT HOTLINE** at **800-423-8477**.

BE SUPPORTIVE

Support the person bullied, offer to help. Either accompany them for help, or seek help.

TALK TO SOMEONE

Talk to someone you trust, seek alternate activities, join with other friends. Above all, please alert an adult to the behavior.

PARENT TIPS

TEACH

TEACH definition of bullying and ensure understanding. Encourage buddy behavior, and kindness, and role play situations with students and responses.

If your child is bullying others, let them know it is **NOT** okay. Develop clear and consistent rules. Help them understand bullying hurts everyone. Increase supervision and monitor electronic device usage.

INVOLVEMENT AND COMMUNICATION

Increase school involvement, Ensure students are aware of trusted adults in the School should threatening situations arise. Check in with online usage and friend groups regularly to keep updated.

Connect with school officials if concerns arise, **ANYTIME** and **EVERY TIME** to ensure proper follow up.



REPORT AN INCIDENT

Report the incident to a school administrator **IMMEDIATELY**. All reported incidents are investigated.

For more information about the SCPS Bullying and Harrassment policy, visit: bit.ly/SCPSBullyingPolicy

